



California Institute for Mental Health Center for Multicultural Development

TRAINING ANNOUNCEMENT

Los Angeles County Department of Mental Health In partnership with
The California Institute for Mental Health
Presents

Introduction to Mental Health and Spirituality

Lead Trainer: Jim Hurley, MFT

Co-Trainers: Belanie Brown, Helena Ditko, Keren Goldberg, Art Gomez,
Theion Perkins and Cathy Williamson

Tuesday, April 24, 2012 OR Wednesday, April 25, 2012
8:30 AM – 4:45 PM

Kyoto Grand Hotel and Gardens

120 South Los Angeles Street, Los Angeles, CA 90012

NO COST TO REGISTER – Please submit the attached registration form to CIMH.

Parking: \$8/ day (Participants are encouraged to carpool)

PURPOSE:

The intention of this training is to introduce the connection between mental health and spirituality and begin a dialogue with mental health providers about the assessment and integration of spiritual interests of clients in their wellness and recovery.

Research and surveys of consumers and family members have demonstrated the importance of spirituality in their lives. This training is the first in a series that begins the process to educate DMH staff and contractors to assess and integrate spiritual interests of clients in their wellness and recovery.

This introductory training is a prerequisite for the Intermediate and Advanced trainings that will be offered to licensed staff after June 30, 2012.

LEARNING OBJECTIVES:

As a result of this training participants will be able to:

- Understand how spirituality offers comfort or value for individuals diagnosed with mental illness.
- Articulate the interconnectedness of culture, spirituality and religion as part of cultural competency and wellness/recovery.
- Describe concerns that may arise when addressing spirituality, demonstrate strategies to move past concerns when appropriate, and integrate the client's spirituality into recovery support services.
- Understand and interpret the LACDMH's 4.15 Parameters for Spiritual Support.

Who should attend:

This training is open to both LACDMH staff and contract agency staff. Specifically, managers of mental health programs, supervisors in mental health programs, staff involved in direct services including licensed, paraprofessionals, peers and family/parent advocates.

For content information or to register, please contact:

Khani Gustafson, MSW, Project Manager at (916) 379-5346 or kgustafson@cimh.org
May Chan at (916) 379-5328 or mchan@cimh.org



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REGISTRATION FORM

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Please check the training date you will attend.

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NO COST TO REGISTER (LACDMH employees require supervisor's approval to attend)

Parking: \$8/day (Participants are encouraged to carpool)

Please Print

First _____ Last _____ Position/ Title _____

Program Name: _____

Organization: _____

Address: _____

Phone: _____ Email _____

Supervisor's Name: _____ Supervisor's Signature: _____

TO REGISTER:

Please fax your completed registration form to May Chan at (916) 556-3483 or email to mchan@cimh.org by 5 p.m. on Thursday, April 19, 2012.

For content information or to register, please contact:

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May Chan at (916) 379-5328 or mchan@cimh.org